

RACE REGULATION

"DOMVRAINIA - THISVI RUN"

1. GENERAL

In the following Regulations, the words listed here are specific terms:

- **SPORTS** are the competitors, i.e. those who are legally registered and participate in the race
- **ORGANIZATION** is the Organizing Committee of the race, which is responsible for its conduct and makes all decisions.

2. ACCEPTANCE OF PARTICIPATION TERMS

The Athlete decides to participate with the application form and accepts the present terms of the race.

He/she must respect the conditions of participation, comply with the instructions of the organizing committee and the referees of the match. He understands that he will move in the open air and during the race he will be exposed to the weather conditions in the area on that day.

3. REGISTRATION

Registration for the race is only possible through the online form at site of the event.

4. BENEFITS

The benefits covered by the membership are as follows:

A) for all athletes:

1. race number (bib),
2. water / race power,
3. medical support,
4. electronic timing,
5. commemorative t-shirt of the race

B) For athletes who will finish the race within time limit, a commemorative medal

5. THE RACE

The race is signaled by temporary signs placed on the eve of the race so that the route is as clear as possible and the way it is made known to the public prior to the race.

6. PARTICIPANTS - TIME LIMITS

The race limit for the 5.0km is 1.0 (one) hour and for the 10.0km is 2.0 (two) hours. The exclusion threshold is common to all categories of athletes, regardless of gender and age. After filling in the deadline, the stations continue to record athletes but as outdated.

7. REQUIREMENTS

Athletes arriving at the finish are required to deliver the timer bib.

8. CLASSIFICATION

A termination is normal when done within the time frames that may be mentioned and applicable to all athletes.

The final classification of the match is the classification provided by the electronic timer race and cannot be questioned. Under no circumstances and for any reason, athletes and athletes who finish hand in hand together are not awarded double medals.

9. ATHLETIC NUMBER

Every athlete must have his / her race number (bib) on it, clearly visible point on the front. The number must remain throughout the race without being folded, or cut, thus concealing any information on the number (sponsors, logos, etc.). Substantial alteration of the number, which may confuse the judges, is punishable by exclusion.

Losing the number is punishable by exclusion.

The race number of each athlete shall be received only by himself / herself, by the Race Secretariat, and only by displaying a police ID or other public document. If the athlete wishes to receive a third party's number, he or she must give this person a valid authorization to receive it.

10. EXTERNAL ASSISTANCE

No outside help, no artificial help for athletes, between them, as well as the use of any motor assistive devices. Use of map, compass, GPS, mobile phone is allowed. Any outside help to athletes is allowed from anyone at the power stations

alone. Athletes may not be escorted by persons who do not have a race number provided that they do not assist or interfere with other athletes. If any assistance to the athlete is denounced, the athlete himself is punished with an exclusion.

11. AVOID LITTERING

It is strictly forbidden to dispose any objects along the route, such as plastic bottles or any other solid or liquid food packaging material used by athletes during the race. There is a special plastic garbage bag at each feed station.

All athletes are required to throw their garbage inside the bag. Disposal of packaging materials or other nonorganic waste at any point of the route beyond the predetermined carries a penalty of 10 minutes to their final time up to exclusion.

12. WATER STATIONS

The event will supply the athletes with water, supporting them at intermediate points on the racetrack, according to the sketches. Each athlete is obliged, according to his needs, to transport the necessary food and water that will ensure the completion of the race.

13. ADVERTISEMENT

With the application form every athlete allows the organizer to photograph and record a video, during the race and the awards, for advertising purposes. Any athlete, whose application is accepted, accepts this condition automatically, knowing that his or her face can be displayed in photos or videos without being asked for permission and without being able to claim damages from any publication of the material.

14. PERSONAL DATA

The Organization will not disclose personal information to third parties. Details of athletes applying for participation. Respecting the relevant legislation and considering it an absolute moral obligation to keep their privacy confidential, it keeps the information of the athletes a secret in a secure digital environment. Only the athlete's name, city of residence, age and team are publicly available.

15. DISCLAIMER OF RESPONSIBLE ORGANIZER

All athletes are responsible for their fitness and must be examined by a physician before the race to determine their ability to compete.

Participants are aware of the potential risk of personal injury or damage to their equipment from participating in outdoor racing events and their consequences.

The organizer is not responsible for the death of any damage to the participants' health during their participation and that their health status is good and allows them to fight.

By registering in the race they declare that they will in no way turn or claim against the organizers or their representatives or the sponsors or the supervisory authority.

If they themselves or their companions or any third party suffer material, physical or moral damage due to their registration or participation in the particular race.

The organizer reserves the right not to allow an athlete to finish the race if the physician of the race has a relevant opinion.

16. REASONS OF EXCLUSION

All of the following violations carry the penalty of exclusion:

- Failure to display or change entry number.
- Accept external assistance.
- Use of motor auxiliaries.
- Disposal of waste.
- Obstruction of another athlete or non-athletic behavior.
- Non-compliance with reviewers' instructions.
- Rude, inappropriate behavior towards the organizing committee, judges, volunteers, etc.
- Non-attendance at a control station.
- Refusal to be examined by a doctor of the organization if necessary at any time during the race.
- Abandoning the race and refusing to inform the referee carries the penalty of exclusion from any future event.

17. COMPLAINTS

Appeals for any reason are only made by the athlete himself at the latest 30 minutes after he has finished.

Any decision by the protest committee is final and does not accept any discussion.

18. MODIFICATION OF ROUTE

The organizer may change or modify the routes if for any reason there is a risk to the safety of the athletes. It can also delay the start or even cancel or postpone the race due to bad weather or for any other reason.

19. AMENDMENT OF REGULATIONS

The organization reserves the right to amend these rules of competition without prior notice if necessary. Under no circumstances will any change alter the style of the race.

20. SUPPORT OF SPORTS

Throughout the race there will be, as far as possible, care and assistance from organizing anyone who may for whatever reason leave.

21. TIPS - BEHAVIOR

It is advisable for every athlete to:

- Consult a weather report the day before the race to properly prepare his clothing and equipment to choose from.
- Study the route maps and especially the elevation profile so that it knows the points uphill.
- Reach his number at the right time.
- Make sure to check the water supply points and determine if they are sufficient or need to have their own liquids or foods.
- He has his attention on the mark during the race.
- We respect our nature and our athletes
- We do not throw trash outside the designated checkpoints.
- We do not push our athletes when we are in a tight spot. We just ask that we be given space in a polite way.
- When one moves slowly and slows down the athletes who follow him, he has to make the fastest pass.
- Help if we see someone injured or going the wrong way.
- Tell the next judge or station we will meet if there is an injury event

- We do not give up the race without first informing the organizer or the nearest referee in person.
- We do not disturb timers by asking for results while the race is in progress.
- We do not drive cars during the race and on the racetrack. There are athletes who run and even deprive them of space.